



**Finding Sabbath Rest**  
**Arlington, Virginia**  
**Saturday, October 23**  
**9:00 am-12:00 noon**



***Finding Rest and Delight in Restless Times:  
Practicing Sabbath in Everyday Life***  
**Norman Wirzba, author, professor, and speaker**



“According to Scripture, the world we live in is God’s creation. It is the visual, fragrant, audible, touchable, and tastable manifestation of God’s love, the place where God’s desire that others be and be well finds earthly expression.” (Dr. Wirzba)

Dr. Norman Wirzba is a Gilbert T. Rowe Distinguished Professor of Theology and Senior Fellow at the Kenan Institute for Ethics. He pursues research and teaching at the intersections of theology, philosophy, ecology, and agrarian and environmental studies. He lectures frequently in Canada, the United States, and Europe. His research focuses on a recovery of the doctrine of creation and a restatement of humanity in terms of its creaturely life. He is the director of a Luce-Foundation-funded project called “Facing the Anthropocene,” which engages an international team of scholars to rethink several academic disciplines in light of climate change, food insecurity, biotechnology and genetic engineering, artificial intelligence, and species extinction.

Professor Wirzba has published many books, including *The Paradise of God: Renewing Religion in an Ecological Age*; *Living the Sabbath: Discovering the Rhythms of Rest and Delight*; *Way of Love: Recovering the Heart of Christianity*; *From Nature to Creation: A Christian Vision for Understanding and Loving Our World*; *Food and Faith: A Theology of Eating (in its 2nd Edition)*, and (with Fred Bahnson) *Making Peace with the Land: God’s Call to Reconcile with Creation*. He also has edited several books, including *The Essential Agrarian Reader: The Future of Culture, Community, and the Land* and *The Art of the Commonplace: The Agrarian Essays of Wendell Berry*. His forthcoming book is *This Sacred Life: Humanity’s Place in a Wounded World* (Cambridge University Press).

Raised on a farm in Southern Alberta, Norman went on to study history at the University of Lethbridge, theology at Yale University Divinity School, and philosophy at Loyola University Chicago. Since then he has taught at Saint Thomas More College/University of Saskatchewan, Georgetown College (KY), and Duke University Divinity School. He’s the father of four children and is married to Gretchen Ziegenhals. He likes to bake, cook and make things with wood. He also enjoys playing the guitar. He used to be a good athlete! He enjoys being outdoors, growing food, and spending time with his family and friends.

**RSVP HERE!** <https://finding-rest-in-troubled-times.eventbrite.com>

This takes place at the Memorial Baptist Church, 3455 N Glebe Rd, Arlington, VA  
MASKS are required. To attend virtually, email [jscafide@lordsdayrest.org](mailto:jscafide@lordsdayrest.org)